



WEBIN
Western Balkans Institute



Working Together for Resilient
and Democratic Youth



Youth Exchange Brussels



Co-funded by
the European Union

Period: 6-8 May, 2025
Venue: StamEuropa Rue d'Arlon 104, 1040 Bruxelles

European Youth Exchange

“Resilient and Democratic Youth”

AGENDA

Day 1

| <i>Time</i> | <i>Agenda Item</i> |
|--------------------|--|
| 09:30-10:00am | Welcome the participants & partners |
| 10:00- 10:30am | Icebreaker activity |
| 10:30-11:00am | Training presentation Purposes and objectives of the training Setting common rules |
| 11:00-11:30am | Break |
| 11:30-13:00pm | Brief presentation of national teams Expertise, interests, presentation of YouthWell Digital Ambassadors (Cyprus, Italy, Greece, Spain, Ireland, Serbia, Portugal) |
| 13:00-14:30pm | Lunch |
| 14:30 – 15:00pm | Energizer |
| 15:00-15:30pm | Common challenges, common solutions |
| 15:30-17:00pm | Team building Feedback activities |
| 18:30-19:00 | Dinner |

Day 2

| Time | Agenda Item |
|-----------------|--|
| 09:30-10:30am | Let's talk about mental wellbeing and resilience Energizer |
| 10:30-11:30am | Interactive activities Blackout poetry, Active listening, "What makes me happy" |
| 11:30-12:00pm | Break |
| 12:00-13:00am | Interactive activities Blackout poetry, Active listening, "What makes me happy" |
| 13:00-14:30pm | Lunch |
| 14:30 – 15:00pm | Take the next step: From Resilient to Democratic Youth |
| 15:00 – 17:00pm | Visit to House of European History -In 2 groups, Guided visit / The Pursuit of Democracy |
| 18:30-19:00pm | Dinner |

Day 3

| Time | Agenda Item |
|-----------------|---|
| 09:30-11:00am | EP Virtual Simulation Game Energizer |
| 11:00-11:30am | Break |
| 11:30-13:00pm | EP Virtual Simulation Game |
| 13:00-14:30pm | Lunch |
| 14:30- 15:30 pm | Feedback for the Youth Exchange Energizer |
| 15:30-17:00pm | Outdoor Activity at the park |
| 18:30-19:00pm | Dinner |



CARDET - Cardet Centre for the Advancement of Research & Development in Educational Technology
Nicosia, Cyprus | www.cardet.org

Cyprus Youth Clubs Organisation KOKE
Nicosia, Cyprus | www.cyprusyouth.org/koken

KMOP – Education & Innovation Hub Non-Profit Company
Athens, Greece | www.kmop.gr

CESIE
Palermo, Italy | www.cesie.org

OBREAL – Global Observatory
Barcelona, Spain | www.obreal.org

Rightchallenge Associacao
Porto, Portugal | www.rightchallenge.org

The Rural Hub Company Limited by Guarantee
Virginia, Ireland | www.theruralhub.ie

WEBIN – Western Balkans Institute
Belgrade, Serbia | www.wb-institute.org

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